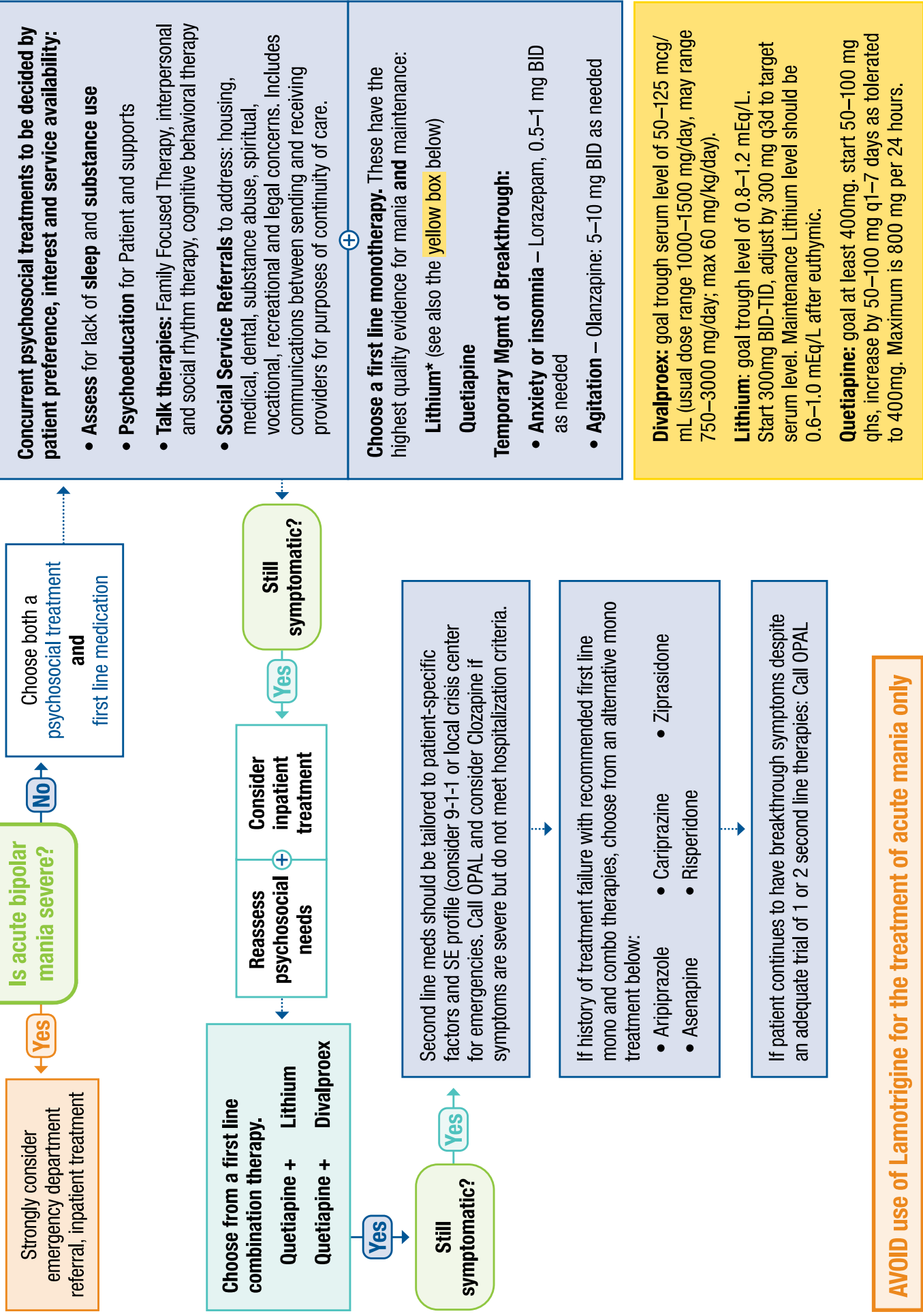


Acute Bipolar Mania Algorithm

Call the Oregon Psychiatric Access Line (OPAL) for clinical consultation at any point in treatment: 503-346-1000



AVOID use of Lamotrigine for the treatment of acute mania only

Medications Pros and Cons

	Pros	Cons
Divalproex	• Rapid loading and onset • Simple dose titration • Better with renal or thyroid disease	• Cannot use while pregnant • Hepatic disease — requires monitoring • Bleeding disorder — requires monitoring
Lithium	• Decreased suicidal ideation *Caution w/large doses, overdose risk • Simple dose titration • Most research supported	• Narrow treatment window • Renal or thyroid toxicity • Use extreme caution while pregnant — obtain informed consent • Medication interaction
Quetiapine	• Less lab monitoring • Fewer medication interactions • Wider treatment window • Safer in pregnancy	• Metabolic syndrome • Sedation or orthostatic hypotension • Harder to get to effective dose