2019 Trauma Program Report

Transforming Trauma Care



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Highlights

- - Research and Funding: The Trauma Laboratory had another productive year, publishing 47 research papers and receiving \$17 million in funding for the year.

 - Fall prevention education: OHSU led 206 community members in fall prevention seminars.

The OHSU Trauma Team at the 30th anniversary of the Oregon Trauma System Gala.



- **Patient Care:** The Trauma Service at OHSU treated 3,025 patients in 2019.
- **Injury:** Falls were the most common cause of injury for all patients.
- Age: The volume of elderly patients rose 9% from last year.

• **Outreach:** The OHSU Trauma Team taught Stop the Bleed to 1,777 individuals throughout the state.

OHSU Trauma System background

Oregon's trauma advisory board regions by area



Oregon's statewide trauma system is based on landmark legislation. The Oregon Legislature passed statutory authority in 1985 as ORS 431.607 – 431.633, under the leadership of the president of the Oregon Senate, John Kitzhaber, M.D., and signed into law by Governor Victor Atiyeh. With the implementation of the trauma system in May 1988, only two Oregon hospitals, OHSU and Legacy Emanuel Medical Center, were designated as Level I trauma centers. Injured individuals in the four-county metropolitan region identified by prehospital rescue personnel or emergency medical technicians as meeting the criteria for severe injury are transported to one of these Level I centers.

Published research comparing interhospital transfer practices before and after implementation showed improvement in rapid transfer of critically injured patients to Level I and II trauma centers as well as improved outcomes.

Summary of OHSU Trauma Program's 2019 statistics

- 1,688 patients (55.8%) were brought to OHSU directly from the scene of injury; 1,230 (44.2%) were transferred from another hospital.
- Falls were the most common mechanism of injury for all patients, surpassing motor vehicle collisions.
- Penetrating trauma was 8% of all trauma, unchanged from last year.
- Deaths from falls also surpassed those from vehicle collisions.

Trauma statistics

In 2019, the OHSU Trauma Program total patient volume decreased by 10 patients, representing a 0.3% decrease over the previous year.



Figure 2 | Gender distribution of patients treated by the OHSU Trauma Program





Dr. Martin Schreiber speaks at the 30th Anniversary of the Oregon Trauma System Gala.



Trauma nurse leaders celebrate 30 years of trauma care.







Figure 5 | Incidence by age of patients treated by the OHSU Trauma Program



45 FEMALE 40 35 MALE 30 25 20 15 10 5 0 0 6 12 18 24 30 36 42 48 54 60 66 72 78 84 90 96 102

Figure 6 | Incidence by age and gender of patients treated by the OHSU Trauma Program



Figure 8 | **Distribution of patients by day of week**



Figure 9 | **Distribution of patients by time of arrival**



Figure 10 | Total hospital length of stay of admitted patients



OHSU Trauma Team response

In 2018, the OHSU Trauma Program changed to a two-tiered system to evaluate injured patients. The level of activation is based on information provided by prehospital personnel (Table 1 and Figure 11). In the Portland metropolitan area, paramedics evaluate patients at the scene of injury. If patients meet the established triage criteria for serious injury, the paramedics enter them into the trauma system. Our analyses indicate patients can be safely and efficiently treated with a limited team response, saving full trauma team activations for those truly critically injured patients.

Table 1 OHSU Trauma Team configuration based on triage criteria

Full	Modified
Staff trauma surgeon	
Staff anesthesiologist	
Staff ED physician	Staff ED physician
Trauma chief resident	Trauma chief resident
Emergency medicine resident	Emergency medicine resident
Respiratory care practitioner	Respiratory care practitioner
Primary trauma nurse	Primary trauma nurse
Trauma recording nurse	
Procedure nurse	Procedure nurse
Transportation aide	



ED = EMERGENCY DEPARTMENT



Figure 13 | Incidents by injury cause and age group



Mechanism of injury

In 2019, falls surpassed motor vehicle collisions as the most common cause of injury, although motor vehicle collision remains the most common mechanism of people ages 15-64.



Hospital admissions via OHSU Trauma Program

In 2019, the OHSU Trauma Program admitted 2,087 patients (69%) to OHSU (Figure 15). Elderly patients were more likely to require hospital admission. Most of these patients were able to return home after admission (Figure 16).

Figure 14 | Mean injury severity score of patients admitted to OHSU hospital

On average, patients transferred from other hospitals were slightly less injured than those admitted directly from the scene, representing a change from previous years. Patients were less injured overall than in previous years.





Trauma ICU nurse Carolyn Lynnes (standing) is recognized for her years of service. ICU nurse Amanda Hostetter is at left.



Figure 16 | **Disposition of admitted patients after hospital discharge**



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Mortality

In 2019, 111 patients (3.7%) died. Six patients died in the Emergency Department and 105 died after hospital admission.

Care for patients older than 64









OHSU Emergency Medicine physicians Dr. Matt Hansen (left) and Dr. Beech Burns (right).



Trauma ward nurses Amanda Delatorre and Trevor Connell were honored for their patient care at the anniversary gala.

74%

In 2019, the OHSU Trauma Team treated 912 patients older than 64, a 9% increase. Of these, 492 (54%) were transferred to OHSU from another hospital or clinic. Most of the patients were injured in falls. Of the 912 injured patients, 737 (81%) required hospital admission.

Figures 19-20 provide additional information regarding trauma team care for patients older than 64 at OHSU.



Fall prevention

OHSU offers the Matter of Balance course, which is designed to reduce the fear of falling and increase activity levels among older adults. The course includes eight, two-hour sessions for a small group led by a trained facilitator. This nationally recognized program was developed at Boston University following a randomized, single-blind controlled trial. The trial tested the efficacy of a community-based group intervention to reduce fear of falling and associated restrictions in activity levels among older adults. The goals of the course are to reduce fear of falling, increase activity levels, strength and balance, and reduce fall risk factors in the environment. OHSU also offers a two-hour fall prevention seminar for those unable to commit to an eight-week course.

Care for patients 14 years and younger

Table 2Fall prevention activities

Activity	Number of participants
Fall prevention seminar participants	68
Matter of Balance course participants	109
Coach training participants	29
Community members reached	206









In 2019, the OHSU Trauma Team evaluated 302 patients aged 14 and younger. Of these, 193 (64%) were transferred to OHSU from hospitals around the Pacific Northwest. Patient disposition included 231 (76%) admitted to Doernbecher Children's Hospital: 79 (34%) to the ICU, 95 (41%) to the ward, 33 (14%) to the OR, and 22 (10%) as direct admissions. Three children (1%) died as a result of their injuries.







OHSU Doernbecher Children's Hospital

Pediatric injury prevention





ThinkFirst is an organization dedicated to reducing brain, spinal cord and other traumatic injuries and fatalities by educating youth, parents and community members across Oregon. ThinkFirst programs help students understand the importance and basic anatomy of the brain and spinal cord, and how a traumatic brain injury or spinal cord injury could permanently affect their lives.

ThinkFirst developed programs to provide age-appropriate injury prevention for students of all ages. ThinkFirst for Kids was developed in 1994 for grades 1-3. It provides information about the structure and function of the brain and spinal cord, motor vehicle and pedestrian safety, bicycling, water play, playgrounds, recreation and sport activities as well as teaching about the dangers of weapons and conflict resolution skills.

ThinkFirst for Youth was started in 2007. The program includes presentations and classroom curricula for grades 4-8. Anatomy lessons and classroom activities help students develop a practical understanding of their bodies' abilities, limitations and vulnerability to injuries. Exercises build communication and conflict resolution skills, increasing self-confidence and students' ability to make safe choices when on their own or in the face of peer pressure.

In 2014, ThinkFirst about Concussion was offered for teen presentations. This program teaches teenagers to prevent, recognize and respond to concussion symptoms in the context of sports and recreation. It also teaches vehicle safety, how to prevent falls and avoid violence.

Tom Sargent Safety Center

The OHSU Doernbecher Tom Sargent Safety Center is dedicated to reducing preventable injuries in children throughout the Pacific Northwest by:

- Providing public and professional education and training.
- Increasing access to low-cost safety supplies and resources.
- Encouraging health care providers, families and community leaders to get involved in finding ways to reduce injury.
- Supporting safety-related advocacy in the Pacific Northwest.

A key part of the safety center's mission is partnering with other local, state and federal agencies to promote injury prevention education. As a part of this mission, it operates a Safety Resource Center that sells low-cost home safety supplies, sport helmets and sleep sacks. Educational materials to help keep children safe at home and on the go are also available. The center offers low-cost helmets for biking, skiing and other sports and makes sure the helmets fit properly. Families can also purchase low-cost home safety gates, electrical outlet covers, cabinet latches/locks, window stops and guards, and toilet locks.

The center offers the ODOT grant to low-income families that need a car seat. This requires the family to participate in installation and positioning education. Any community family can make an appointment at the safety center to learn how to install and properly use their car seat or they can attend a weekend event that the center supports.

The Tom Sargent Safety Center has also partnered with Cribs for Kids to supply education and a low-cost Graco Pack-N-Play to any family that needs a safe place for their infant to sleep. All educational materials are available in English and Spanish, and helmet and safe sleep materials come in multiple languages. Gun trigger locks are available through Project Child Safe.

Leading the way in pediatric trauma outcomes, education and outreach



At right, Lori Moss, Pediatric Trauma Program manager, teaches Stop the Bleed to Portland Public Schools staff.



(L to R) Cari Wolverton and Adrienne Gallardo of the OHSU Doernbecher Tom Sargent Safety Center with OHSU ED nurse Cassie Richard.

Protect Our Kids: A novel program to bring critical incident training and hemorrhage control to Oregon schools

In 2019, OHSU Doernbecher Children's Hospital created The Protect Our Kids campaign in partnership with Portland Public Schools and Portland Police Bureau, funded through a generous grant from the Pediatric Trauma Society and Childress Institute for Pediatric Trauma. This program integrates Critical Incident Training, which includes active shooter education with other mass casualty events provided by law enforcement. Our OHSU Doernbecher team provided Stop the Bleed for educators and staff at Portland elementary and middle schools.

A large group of physicians, advance practice providers and nurses from OHSU Doernbecher and several school resource officers from the Portland Police Bureau led the programs. Divided into three teams, the leaders delivered the education to most of the schools over three days at the end of August 2019, during the teacher education period before the start of the school year. The three teams visited four schools per team (total 12 schools/day) on each of the three education days (36 schools). Over the three days, 1,019 educators and assistants enrolled in the program. Ninety-eight percent of trainees and all of the trainers involved in the pilot program rated the program as excellent (9 or 10 on a 10-point Likert scale). Each school that participated in the training received three Stop the Bleed hemorrhage control kits, containing hemorrhage control gauze, gloves, shears and four tourniquets. The OHSU Doernbecher team will continue this work in the 2020 academic year.

Pediatric Critical Care and Neurotrauma Recovery Program

Combining the neurological and physical needs of the pediatric trauma patient after discharge

Children who receive trauma care in our facility may need additional healing when they leave OHSU Doernbecher (DCH) and often require trauma follow-up related to surgical interventions or medical management. Often cognitive or behavioral conditions are identified at the trauma follow-up visit and require specialized referrals for treatment to teams specializing in the pediatric and adolescent mind. In 2019, the DCH Trauma Program sought out a partnership with the DCH Neurocritical Care (NCC) Team to combine the trauma clinic followup with a NCC visit, launching the Pediatric Critical Care & Neurotrauma Recovery Program (PCCNTRP).

All patients coming to DCH for trauma care are referred to the PCCNTRP while they are inpatient. A neurocritical care attending and a neurophysiologist evaluate the patients to establish baseline data and guide inpatient coping. Once a patient is ready for discharge, they are scheduled into the PCCNTRP, where they will receive ongoing cognitive and behavioral evaluation, address return-to-school needs and monitor for post-traumatic stress disorder as well as an evaluation by a pediatric trauma nurse practitioner.

The goal of this venture is to reduce the number of visits required for followup and to better integrate neurocognitive care in the pediatric trauma patient. This approach has been so successful that our adult trauma counterparts have requested similar access to the program. The PCCNTRP now sees all OHSU adult patients to the age of 21 years.

The OHSU Doernbecher Tom Sargent Safety Center (TSSC) was awarded the Statewide Child Passenger Safety (CPS) Instructor Development and Technician Training Grant in October 2019. This grant from the Oregon Department of Transportation Safety Division recognizes the TSSC as the NHTSA-State Child Passenger Safety Training Coordinator.

Statewide Child Passenger Safety Instructor **Development Grant**

Coordinate staffing for Child Passenger Safety Technician trainings throughout Oregon

Responsibilities of this grant require the TSSC to provide administrative and instructional support to coordinate staffing for Child Passenger Safety Technician trainings throughout Oregon. This includes providing CPS Technician certification courses, continuing education units, certification renewal opportunities and community education workshops to meet the training needs of all Oregon CPS Technicians.

NHTSA reports misuse data as 3 out of 4 car seats are installed incorrectly, and a study conducted by OHSU Doernbecher TSSC in 2015 reported 95% of families discharging from OHSU Mother Baby Unit had serious misuse of child safety seat at time of discharge.

With the knowledge of this data, the TSSC takes a proactive approach locally and across the state to help children, one of the most vulnerable sections of our population. The TSSC team provides inpatient hospital education and works with partners to educate and certify technicians to strengthen community outreach, thereby supporting safe travel for all of Oregon's children.

Research

In 2019, the Trauma Research Laboratory continued to receive funding from the Department of Defense, National Institutes of Health, foundations and industry to bring the overall research funding to \$17 million for the year. The research group continues to work with consortiums, such as LITES, SIREN and CLOTT, with additional studies beginning in 2020. The LITES consortium will have new and continuing task orders in 2020, while the current SIREN and CLOTT studies will continue into 2020.

Newly funded projects for 2019 included "A Wider View: Understanding and predicting the hidden mortality of trauma patients after discharge." Mackenzie Cook, M.D. received funding from the Medical Research Foundation of Oregon to evaluate and understand a patient's risk for death within a year of injury. James D. Ross, Ph.D. continues to work with Critical Innovations to evaluate systems to help treat patients with traumatic brain injury and thoracic injuries.

The Trauma Research Laboratory remained active with human subjects and animal research in 2019.

Interventional and observational trials involving trauma patients admitted to OHSU were led by Martin Schreiber, M.D., Laszlo Kiraly, M.D., David Zonies, M.D., Mackenzie Cook, M.D. and Cassie Barton, PharmD.

- Shock, Whole Blood and Assessment of TBI (SWAT)
- The Pathogenesis of Post-Traumatic Pulmonary Embolism: A Prospective Multicenter Investigation by the CLOTT Study Group
- Randomized Trial of Early Hemodynamic Management of Patients following Acute Spinal Cord Injury (TEMPLE)
- Multi-Institutional Trial of the Injured Trauma Survivor Screen (MITSS)
- A Prospective Randomized Trial Comparing Two Standard Doses of Enoxaparin for the Prevention of Thromboembolism in Trauma Patients
- Effect on Platelet Mapping on Antiplatelet Use and Platelet Transfusion in Patients with Traumatic Injuries

Karen Brasel, M.D. and Craig Newgard, M.D. continued their work on the National Trauma Research Action Plan (NTRAP) to prioritize a comprehensive research agenda, identify gaps in federal funding and identify regulatory barriers in trauma research.

Residents Sawyer Smith, M.D. and Christian Crannell, M.D. completed their research year in the lab in June. Both continue to work on research projects. To wrap his work on the swine studies in Dr. Schreiber's lab, Dr. Smith won the best resident paper at North Pacific Surgical Association in November for his paper titled, "Aggressive treatment of acute kidney injury and hyperkalemia improves survival in a combat relevant model for trauma-induced acute lung injury in swine."

Alix Dixon, M.D. and Shannon Howard, M.D. joined the lab in July and jumped right into their research projects. Dr. Dixon won best resident paper at the Region X Committee on Trauma for her paper titled, "Thrombelastography does not detect fibrinolytic inhibition following treatment with tranexamic acid." Dr. Dixon also won best resident paper at the Pacific Coast Surgical Association for her paper titled, "Variation in Management of Pediatric Blunt Splenic Trauma in Oregon." Dr. Howard became a Surgical Education Research Fellow with the Association of Surgical Education.

Animal trials directed by Martin Schreiber, M.D. and James Ross, Ph.D. included the following studies in swine:

• Mesenchymal Stem Cells for the Prevention of Acute **Respiratory Distress Syndrome after Pulmonary Contusion** and Hemorrhagic Shock

• Prothrombin Complex Concentrate for the Prevention of Acute Respiratory Distress Syndrome after Pulmonary Contusion

• Selective Aortic Arch Perfusion – Provider Training

• Extracorporeal Life Support and Therapeutic Hypothermia for Cardiac Tamponade

• Potassium Adsorbing Polymers for the Treatment of Traumainduced Hyperkalemia and Acute Kidney Injury in Austere Medicine

The research group concluded enrollment in the Cannabis and Motor Vehicle Collision study with Esther Choo, M.D. and Karen Brasel, M.D. The group also concluded Dr. Brasel's study with University of Wisconsin evaluating communication between trauma patients, their families and the treatment team.

Belinda McCully, Ph.D. completed her animal study in collaboration with the University of Oregon to study the vascular mechanisms linking obesity and hypercoagulability after traumatic hemorrhage.

Laszlo Kiraly, M.D. and Robert Martindale, M.D. also completed their project with the University of Oregon looking at predicting health care-associated Clostridioides difficile infection based on hospital unit and overall location of the unit within the hospital. The group is pursuing additional funding from the NIH to continue their investigations.

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In memoriam



Oregon School of Medicine. After one month on the surgical service, he had no questions about what career to pursue.

Following his internship, Dr. Trunkey spent two years in the U.S. Army as a general medical officer in Germany. Upon completion of his military duties, he finished his general surgical training at the University of California, San Francisco. Dr. Trunkey then spent an additional year at the University of Texas Southwestern Medical School in Dallas, where he was involved in a NIH special fellowship in trauma.

In 1972, Dr. Trunkey returned to UCSF as a member of the faculty and became involved in the care of trauma patients. He was Chief of the Burn Center and had an extensive interest in elective vascular and noncardiac thoracic surgery. He also established a laboratory to study mechanisms of shock at the cellular level.

After eight years as Chief of Surgery at San Francisco General Hospital, Dr. Trunkey assumed the position of Professor and Chairman of the Department of Surgery at the OHSU School of Medicine in 1986, a position he held until 2001.

Five years into his term leading the department in Oregon, the Army activated Dr. Trunkey to serve in Desert Storm as the commander of the U.S. Army hospital in Riyadh, Saudi Arabia. After his return, he wrote a commentary, "Lessons Learned," that enumerated changes the U.S. Department of Defense should make to improve trauma care in the military. Many of his recommendations were adopted and are still in use.

In 2008, Dr. Trunkey was awarded the King Faisal Prize in Medicine. In 2018, the American College of Surgeons honored him as an "Icon in Surgery."

Dr. Trunkey died on May 1, 2019 after a protracted illness.

Donald D. Trunkey, M.D., attended Washington State University for his undergraduate degree and then went on to medical school at the University of Washington, receiving his medical degree in 1963. Uncertain about medicine or surgery as a career, Dr. Trunkey chose a rotating internship at the University of

Trauma Faculty



Martin Schreiber, M.D., Chief of Trauma

Speaking topics: Transfusion; resuscitation; what you need to know about DVTs; lessons learned in the war on terror; modern methods of hemorrhage control; blast injury; novel blood products; modulation of coagulation; thromboelastometry and trauma



Karen Brasel, M.D., M.P.H. Speaking topics: Post-traumatic stress disorder; ethics in trauma



Albert Chi, M.D. Speaking topics: Targeted muscle re-innervation and advanced prosthetics

development in surgical education and optimizing autonomy



Arvin Gee, M.D. Speaking topics: Utilizing minimally invasive surgical

techniques in trauma and emergency general surgery; management of appendicitis and diverticulitis

Mackenzie Cook, M.D.

rural trauma, rib fractures

for trainees



Bruce Ham, M.D. Speaking topics: Rural trauma team development course;



Nick Jaszczak, M.D. Speaking topics: Rural trauma team development course; general trauma



Laszlo Kiraly, M.D. Speaking topics: Surgical nutrition; education of medical students and residents



Darren Malinoski, M.D. Speaking topics: General trauma; organ donation



Bradley Rittenhouse, M.D. Speaking topics: Military trauma care; general trauma





Speaking topics: Military trauma care; general trauma

donation; mechanical ventilation

Speaking topics: Inflammation and response to injury; organ

Mitch Sally, M.D.

Phil Van, M.D.



David Zonies, M.D. Speaking topics: ECMO; military trauma care; advanced ventilator management

Trauma Advanced Practice Providers



Kristy Aghayan Trauma physician assistant



Trauma nurse practitioner



Staci Colovos Trauma nurse practitioner



Laura Dillon Trauma physician assistant



Lynn Eastes, M.S., RN, ACNP-BC Trauma nurse practitioner





Lauren Greenfield, Trauma physician assistant



Mindy Hamilton Trauma physician assistant



Kristen Haynes Trauma nurse practitioner



Jessica Jurkovich Trauma nurse practitioner



Nicole Kirker Trauma nurse practitioner



Ryan McMahon Trauma physician assistant



Emma Schaus Trauma physician assistant



Scott Sherry Emergency General Surgery physician assistant



Michelle Simons Trauma nurse practitioner



Amanda Staudt Trauma nurse practitioner



Jake Wheeler Trauma physician assistant

Pediatric Trauma Faculty



Kenneth Azarow, M.D.



Marilyn Butler, M.D.

Q	Elizabeth Fialkowski, M.D.
S	Cynthia Gingalewski, M.D.
0	Nick Hamilton, M.D.
A	Margo Hendrickson, M.D.
B	Mubeen Jafri, M.D.
	Sanjay Krishnaswami, M.D.
	Katrine Lofberg, M.D.
	Andrew Zigman, M.D.
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	Jody Berryhill, BSN, RN Trauma coordinator
	Lori Moss, BSN, RN, CCRN Pediatric trauma program manager

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